

PATIENT INFORMATION FOR GASTRIC EMPTYING STUDY

What is Gastroparesis? Gastroparesis is a condition where the muscles in your stomach do not work normally to move food through your digestive system. Symptoms of gastroparesis include nausea, vomiting, feeling full after only a few bites of food, abdominal pain, bloating and lack of appetite. Gastroparesis can cause weight loss, malnutrition and dehydration.

- **8 Hours before your test: DO NOT eat or drink anything 8 hours prior to your test. You may take your usual morning prescription medication in the morning with a small amount of water.**
- **Day of the test: Brush your teeth 2 hours before the test. Do not eat, drink, chew gum or tobacco, smoke cigarettes, eat breath mints or candy before and during the test.**
- **Do not eat or sleep while the test is being performed.**
- **Bring something to occupy the time (approx. 4 hours). You may bring books, paper, battery powered DVD player, laptop, etc.**
- **After the test you may resume normal diet and activities. Our office will call you as soon as results are in.**

YOUR TEST IS SCHEDULED FOR _____ AT _____

If you have any questions please contact our office at 620-783-1650.