

# Digestive Health Center Of the Four States

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## **Anorectal Manometry**

Patient Name: \_\_\_\_\_

1. Your procedure is scheduled for \_\_\_\_\_  
at \_\_\_\_\_.
2. Drink a bottle of Magnesium Citrate on \_\_\_\_\_  
evening before your procedure. This can be purchased over the  
counter at any pharmacy.
3. Administer 2 Fleets enemas on \_\_\_\_\_, the morning of  
your procedure. This can also be purchased over the counter at  
any pharmacy.
4. You may have coffee, tea, or water with your medications the  
morning of your procedure.

No sedation is given and you will not need a driver to take you home. You may return to regular diet and activity once you leave our office. Please call if you have any questions.